

CALIFORNIA

Obesity Fact Sheet



ADULT OBESITY FACTS:

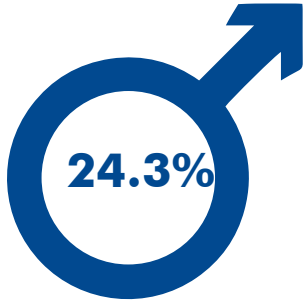
Obesity affects more than 26.2% of Californians.



California is ranked 46/51 in states impacted by obesity.

Californians Affected by Obesity by Race

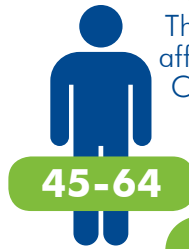
- 23.9% Caucasians
- 35.6% African Americans
- 32.9% Hispanics



More than 24.3% of male Californians are affected by obesity.



More than 28.0% of female Californians are affected by obesity.



The age group most affected by obesity in California is 45-64 (31.8%).



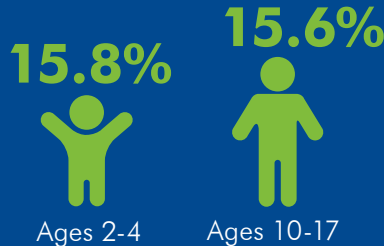
California ranks 35th in adults with Type 2 Diabetes (10.1%).

CHILDREN AFFECTED BY OBESITY IN CALIFORNIA:



California is one of 15 states that receives CDC grant funds for training to help with obesity prevention in Early Childhood Education settings.

CHILDREN AFFECTED BY OBESITY



COST OF OBESITY IN CALIFORNIA:

The total cost of obesity in California

\$201.99 BILLION

The cost of obesity for Medicare in California

\$36.59 BILLION

The cost of employment for the population with obesity is

\$98.11 BILLION
more than the normal weight population.

NATIONAL COST OF OBESITY:

\$1.7 TRILLION
The total cost of obesity



Healthcare costs for individuals affected by obesity is

34% HIGHER

\$1.24 TRILLION

The total indirect cost of obesity

\$480 BILLION

The total direct healthcare cost of obesity

\$14 BILLION

The direct costs of childhood obesity

For people living with obesity, **28.2%** of their annual healthcare costs are spent treating obesity-related conditions.

About The OAC



The Obesity Action Coalition (OAC) exists to serve the needs of and give a voice to the individuals affected by the disease of obesity while helping them along their journey toward better health through education, advocacy and support.

Please visit www.ObesityAction.org to learn more about the disease of obesity, treatment options, weight bias and much more.

References:

- Centers for Disease Control
- Clinical Chemistry
- Milken Institute
- Obesity Action Coalition
- Trust for America's Health

If you have any questions regarding the above information or if you would like to receive free educational materials on obesity, please contact the OAC National Office at (800) 717-3117 or info@obesityaction.org.